



Simone McGrath, B App Science (Physio), Grad Dip (Sports Physio)

Physiotherapist

Fields of Competence

Human Factors / Ergonomics

Provide individual ergonomic assessments of workstations and recommend appropriate modifications to improve health, well-being and productivity. Evaluate and modify workstations and coordinate return to work programs for individuals.

Experience Summary

Ms McGrath has over 20 years experience as a physical therapist and has been involved in direct patient care, health promotion, return to work programs and training of employers and employees. Initially working in the public health sector in both hospitals and community health settings in both the United States and Australia, Ms. McGrath then started her own private practice in 1995 in Melbourne, Australia. This has been a very successful undertaking with provision of physical therapy services to individuals, sporting groups, and companies such as Amcor, Campbell's and Chiquita. The provision of services to these companies has involved on-site assessments, pre employment assessments, functional assessments, and the coordination of return to work for individuals. More recently a work wellness program has been initiated. Ms. McGrath undertook a graduate diploma of Sports Physiotherapy in 1996-1997 and undertakes regular continuing education programs.

Credentials

**Bachelor of Applied Science
(Physiotherapy)** - La Trobe University,
Melbourne, Australia, 1989

Registration Physical Therapist –State
of Michigan, 1990-1996

**Graduate Diploma (Sports
Physiotherapy)** – La Trobe University,
Melbourne, Australia 1996

Professional Affiliations

Member of APA (Australian Physiotherapy
Association)

Member of PBA (Physiotherapy Business
Association)

Simone McGrath, PT, MA

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