

Bridget A. Daly, OTR/L
Occupational Therapist
Ergonomics Consultant

Fields of Competence

Human Factors / Ergonomics

- Provide ergonomic prevention and education services to employees and departments through presentations and departmental ergonomic evaluations including recommendations to improve health, well-being and productivity
- Analyze work sites and provide recommendations for work practices, work environment, and equipment to insurance carriers, medical professionals, and employment leaders at the work site
- Analyze, define, and recommend necessary equipment and resources for specific work environments
- Assess, establish a plan, and provide effective job coaching for employees with physical and/or cognitive disabilities to achieve optimum work performance
- Plan, establish, lead, and facilitate team communication and goal setting between worker, employer, Human Resources and other team members
- Develop and facilitate an Ergonomics Team and meetings at a local manufacturing business including training staff to be in-house experts in Ergonomics (Train the Trainer program)

Experience Summary

Ms. Daly has over 18 years of experience as an occupational therapist. She worked for the University of Michigan for nearly half of her professional career focusing on the prevention and management of disability through ergonomics and work tools such as job analyses & job descriptions. Ms. Daly brings to her work a passion for teaching employees and employers about prevention, and techniques for the reduction, of musculoskeletal disorders. She has been a guest speaker on ergonomics at various civic and professional organizations.

Ms. Daly has been involved in direct patient care in a variety of settings including the Return to Work industry

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in its multitude of facets, as well as hospitals, outpatient clinics, schools, and nursing homes.

Credentials

Bachelor of Science in Occupational Therapy
Western Michigan University 1995

Licensed Occupational Therapist

Michigan - valid through: May 2014
Virginia - valid through: January 2014

NBCOT (National Board for Certification in Occupational Therapy)

Valid through: March 2015
Certification date: August 25, 1995

Professional Affiliations

AOTA (The American Occupational Therapy Association)

Mi OTA (Michigan Occupational Therapy Association)

Additional Trainings

Presenter

October 2012 "Ergonomics: Fitting the Task to the Worker" at the Virginia Occupational Therapy Association

Office Ergonomics training for multiple U of M Departments and community businesses and organizations

Continuing Education Courses

- Advanced Ergonomics: Assessment & Design
- Ergonomic Principles for Work Place Design and Worker Accommodations
- Applied Ergonomics in the HealthCare Industry
- Humantech: Applied Lean Ergonomics
- Safe Patient Handling
- Lean Thinking
- Michigan Safety Conferences
- Low Vision
- Aging and Cognition
- Home Modifications
- Pain Management